

***Celebrating 36 Years of  
Intercollegiate Athletics***

**BCCAA Week 15  
2005-2006**

**BCCAA**  
British Columbia Colleges' Athletic Association  
**VOLLEYBALL**

## Athlete of the Week - Award # 22

**MALE Recipient**



**Brian Riedstra**  
Men's Volleyball  
Camosun College

Brian is a 6'7" middle from Victoria. He is a relatively newcomer to volleyball as this is only his 4<sup>th</sup> year playing the sport. A graduate of Pacific Christian High School in Victoria, Brian played for the Pacers in grade 10, 11 and 12. In his final year, he led the Pacers to a 7<sup>th</sup> place finish at the BC High School AA Provincial Championships. In 2005 Brian also helped the Victoria Volleyball Association Junior Club to a Gold Medal at the Junior Provincials and an 11<sup>th</sup> place at the Junior Nationals.

In this past weekend's road trip to Abbotsford, the Chargers would split the weekend series with UCFV. On Friday night, Brian was outstanding in a grueling 5 set loss to the Cascades. He would tally 22 kills (60% kill efficiency), 2 blocks, 1 serving ace and 2 digs. In Saturday's rematch, Camosun and UCFV once again played a close, hard fought 5 sets, this time with the Chargers on top. Brian would tally 16 kills, 3 blocks, 1 ace and 1 dig.

Next up for the Avalanche is a home series vs the College of the Rockies.

**FEMALE Recipient**



**Rudi Kitzman**  
Women's Volleyball  
Malaspina University College

Rudi is a 2<sup>nd</sup> year 5'10" power from Richmond. She has been the backbone in the Mariner's success all season. She is the leader on the court and her athleticism allows her to excel offensively as well as defensively. According to her coach, she is one of the most underrated power hitters in the BCCAA.

This past weekend the Mariners took on the CBC Bearcats of Abbotsford who have been a difficult opponent all season, taking Capilano in 5 and Okanagan in 4. On Friday night, Rudi recorded 13 kills, 2 blocks, 1 ace and 9 digs in a Malaspina 3-0 victory. In Saturday's rematch, Malaspina would again defeat CBC in a much tougher contest. Rudi would have an even stronger performance recording 13 kills, 4 aces and 3 digs. In the 6 sets, Rudi was the key to Malaspina's success.

Next up for the Mariners are back-to-back home matches vs College of New Caledonia.

Week Ending Sunday, January 29<sup>th</sup>, 2006